

# FLATAM-PLUS®

## DESCRIPTION

**FLATAM-PLUS** is the trade name of a natural health product used for flatulence, dyspepsia, and gastrointestinal spasms. It is developed from caraway natural dry seed extract and fennel natural dry seed extract. These plants belong to the family Apiaceae and are native to Mediterranean region. Each tablet of **FLATAM-PLUS** contains 100mg of caraway (*Carum carvi*) natural dry seed extract and 100mg of fennel (*Feoniculum vulgare*) natural dry seed extract.

**FLATAM-PLUS** drops contain: Fennel (*Feoniculum vulgare*) natural dry seed extract 1.0%.  
Caraway (*Carum carvi*) natural dry seed extract 0.5%.

## COMPOSITION

The extracts of caraway seeds and fennel seeds contain natural essential oils (volatile and fixed) such as carvon in the caraway seed extract and fenchone, anethole in the fennel seed extract.

## CLINICAL PHARMACOLOGY

Caraway and fennel seed extracts promote gastrointestinal motility and have carminative and stimulant activities as well as spasmolytic actions on smooth muscles.

## USES

**FLATAM-PLUS** helps relieve gastrointestinal dyspeptic complaints and expels gases causing flatulence.

## DOSAGE

### FLATAM-PLUS tablets:

#### Usual adult dose :

Two **FLATAM-PLUS** chewable tablets 3 times daily between meals.

### FLATAM-PLUS drops:

#### Infants up to 2 years:

5 **FLATAM-PLUS** drops 2-3 times daily between meals.

#### Children 2-12 years and adults:

20 **FLATAM-PLUS** drops 2-3 times daily between meals.

## ADVERSE EFFECTS

**FLATAM-PLUS** may cause allergic reactions of the skin and respiratory tract. In these cases, the use of **FLATAM-PLUS** should be avoided.

## USE IN PREGNANCY & LACTATION

Use of **FLATAM-PLUS** should be avoided during pregnancy.

No restrictions are known during lactation.

## INTERACTION WITH OTHER DRUGS

**FLATAM-PLUS** may interact with the absorption of Ciprofloxacin, therefore concomitant use should be avoided.

## PRECAUTIONS & WARNINGS

**FLATAM-PLUS** should not be used for long periods (several weeks)

## HOW SUPPLIED

- Bottles containing 30 **FLATAM-PLUS** tablets.
- Bottles of 30 ml **FLATAM-PLUS** drops.

## STORAGE CONDITIONS

- Close tightly after use.
- Store between 15 - 30°C, protected from light and humidity.
- Keep out of reach of children.

### This is a medication

- A medication is a product which affects your health and consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instruction of the pharmacist who dispensed the medication.
- The doctor and the pharmacist are experts in medicine.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.
- Keep medications out of the reach of children.

COUNCIL OF ARAB HEALTH MINISTERS  
UNION OF ARAB PHARMACISTS

Prescribing Information Available Upon Request.



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## دلاص للمنتجات الطبيعية

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